



Schweizerische Fachgesellschaft für Tropen- und Reisemedizin FMH
Société Suisse de Médecine Tropicale et de Médecine des voyages FMH
Società Svizzera di Medicina Tropicale e dei Viaggi FMH
Swiss Society of Tropical and Travel Medicine FMH

Expertenkomitee für Reisemedizin
Comité d'experts pour la médecine des voyages
Comitato di esperti per la medicina di viaggio
Expert committee for travel medicine



HealthyTravel

Independent Swiss Reference Website for Travellers' Health

BY THE SWISS EXPERT COMMITTEE FOR TRAVEL MEDICINE (ECTM)

UPDATES 2024

SSTTM, 6 February 2025 | OLIVIA VEIT, MD, M.I.H.



Swiss Expert Committee for Travel Medicine (ECTM)

ECTM core group - for strategic issues



Jan Fehr
TC Zürich



Esther Künzli
TC Swiss TPH



Andreas Neumayr
TC Swiss TPH



Cornelia Staehelin
TC Bern



François Chappuis
TC Geneva

Co-ECTM Presidency



Amel Filali
TC Lausanne



Olivia Veit
Secretary general

ECTM recommendation group - extended group for the development and content of recommendations



Same as core group
Second representative of the 5 travel clinics at the University Hospitals or Universities in Switzerland

Bern: **Anna Eichenberger**
Basel: **Andreas Neumayr / Esther Künzli**
Genève: **Gilles Eperon**
Lausanne: **Pablo Valladares**
Zürich: **Patricia Schlagenhauf**

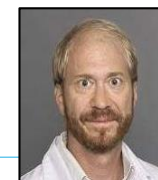


one representative Italian speaking Switzerland (Ticino): **Pietro Antonini**
one representative Eastern Switzerland (St.Gallen): **Sabine Haller**
one representative Swiss Society Tropical and Travel Medicine (SSTTM): **Pierre Landry**
one representative Society of General Internal Medicine: **Pierre Landry**
One representative of the Swiss Society of Pediatrics (SSP): **Anita Niederer-Loher***
Consultant: **Christoph Hatz**



In addition:

- *One of the members should be member of Eidgenössische Kommission für Impffragen (EKIF):
- since 2024: **Anita Niederer – Lohrer** and **Jan Fehr**
- Invited permanent guest: Caroline Takeuchi, FOPH, Bern, Switzerland (no voting rights)



Collaborators for
HealthyTravel content
(examples)





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HEA Take advantage of the reduced price for SSTTM members: **CHF 150.-** (instead of CHF 244 .-) ON

ACCESS FOR HEALTH CARE PROFESSIONALS

Please note:

The **PRO version** is primarily intended at you as specialists providing travel medicine advice!





HealthyTravel

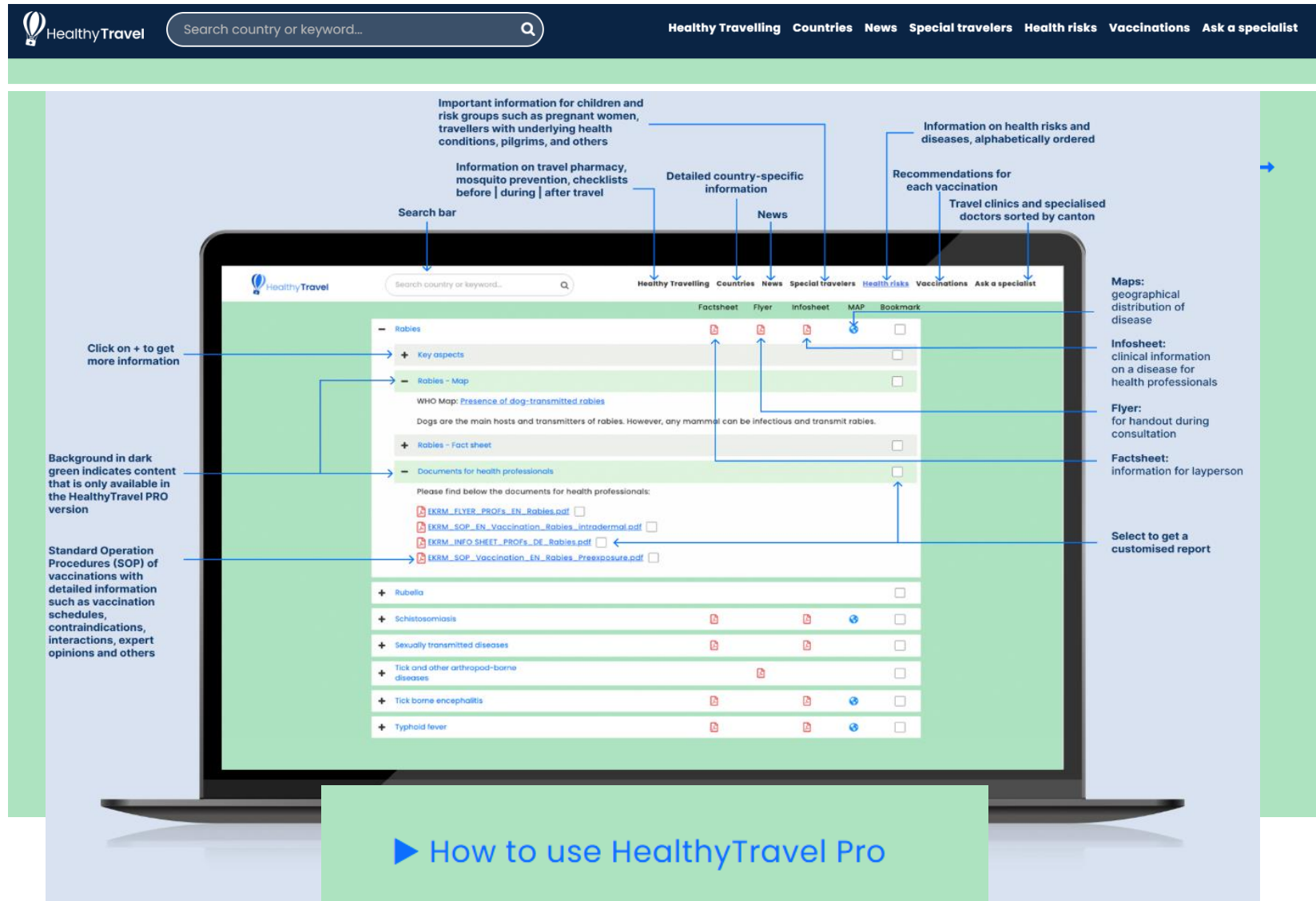
WHAT IS NEW in 2024 up to 1-2025?

- General
- Regular content updates
- ECTM publication in 2024 | 1- 2025
- Malaria update 2024
- Other content updates

WHAT IS NEW in 2024 up to 1-2025?

GENERAL

- New platform ➔ faster
- Design + explanation



The screenshot shows the HealthyTravel Pro website interface with several annotations explaining new features:

- Search bar:** Located at the top of the page.
- Important information for children and risk groups such as pregnant women, travellers with underlying health conditions, pilgrims, and others:** A new section at the top of the content area.
- Information on travel pharmacy, mosquito prevention, checklists before | during | after travel:** A new section at the top of the content area.
- Detailed country-specific information:** A new section at the top of the content area.
- Information on health risks and diseases, alphabetically ordered:** A new section at the top of the content area.
- Recommendations for each vaccination:** A new section at the top of the content area.
- Travel clinics and specialised doctors sorted by canton:** A new section at the top of the content area.
- Click on + to get more information:** A callout pointing to the expandable sections in the sidebar.
- Background in dark green indicates content that is only available in the HealthyTravel PRO version:** A callout pointing to the dark green background of the sidebar and main content area.
- Standard Operation Procedures (SOP) of vaccinations with detailed information such as vaccination schedules, contraindications, interactions, expert opinions and others:** A callout pointing to the 'Documents for health professionals' section.
- Maps: geographical distribution of disease:** A callout pointing to the 'MAP' button in the top navigation bar.
- Infosheet: clinical information on a disease for health professionals:** A callout pointing to the 'Infosheet' button in the top navigation bar.
- Flyer: for handout during consultation:** A callout pointing to the 'Flyer' button in the top navigation bar.
- Factsheet: information for layperson:** A callout pointing to the 'Factsheet' button in the top navigation bar.
- Select to get a customised report:** A callout pointing to the 'Bookmark' button in the top navigation bar.

The main content area displays a list of diseases with expandable sections for each:

- Rabies:** Includes 'Key aspects', 'Rabies - Map', 'WHO Map: Presence of dog-transmitted rabies', 'Rabies - Fact sheet', and 'Documents for health professionals'.
- Rubella**
- Schistosomiasis**
- Sexually transmitted diseases**
- Tick and other arthropod-borne diseases**
- Tick borne encephalitis**
- Typhoid fever**

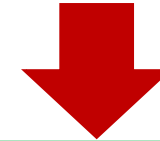
At the bottom of the screenshot, there is a green button labeled **► How to use HealthyTravel Pro**.



HealthyTravel

WHAT IS NEW in 2024 up to 1-2025?

- How do I know that there are content updates?
- Via EpiNews for HealthyTravel PRO subscribers
- On the landing page of HealthyTravel PRO



Updates of recommendations

Find out about the latest content updates on the website

Entry requirements for yellow fever - update

The entry requirements for yellow fever have been updated for Bolivia, Costa Rica, Egypt, Malaysia, Paraguay, Sao Tomé and Príncipe.

📅 09 January 2025

Mpox – updated informationen and recommendations

Mpox recommendation have been updated by the Swiss Expert Committee for Travel Medicine on 5 January 2025.

📅 15 January 2025

Polio – updated WHO temporary recommendations

The country pages have been updated to reflect the updated WHO temporary polio recommendations.

📅 09 January 2025

Yellow Fever Country List

The 'Yellow fever country list (vaccination recommendations and countries' entry requirements) has been updated and is available on PRO Version -> yellow fever -> documents for professionals

📅 30 December 2024

SOP meningococcal meningitis - update

SOP meningococcal meningitis has been updated and is available on **PRO version**.

📅 09 January 2025



HealthyTravel

WHAT IS NEW
in 2024
up to 1-2025?

REGULAR
UPDATES

6.2.2025

• Regular updates

• every three months

• every month (yellow fever)



Yellow fever

- + Key aspects
- + Yellow fever - Map
- + Yellow fever - Map
- + Yellow fever - Country
- + Yellow fever - Facts
- Documents for health

Please find below

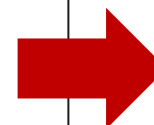
- [YELLOW_FEVER](#)
- [ECRM_SOP_Va](#)



[YELLOW_FEVER](#)

[ECRM_SOP_Va](#)

Country	YF - WHO recommendation	Abbreviation	YF - Country requirement at entry
Afghanistan	WHO recommendation Vaccination is not recommended.	-	Country requirement at entry None
Albania	WHO recommendation For <u>medical</u> reasons: Vaccination is not recommended.	T1* (see text)	Country requirement at entry For <u>administrative</u> reasons, there is the following entry regulation of the country: - Vaccination is required if arriving within 6 days after leaving or transiting countries with risk of yellow fever transmission. Exempt from this entry requirement: - Children younger than 1 year. - Passengers transiting countries with risk of yellow fever transmission if not leaving the transit areas.
Algeria	WHO recommendation Vaccination is not recommended.	T1* ¹²	Country requirement at entry For <u>administrative</u> reasons, there is the following entry regulation of the country: - Vaccination is required if arriving within 6 days after leaving or transiting countries with risk of yellow fever transmission Exempt from this entry requirement: - Children younger than 1 year of age. - Passengers transiting Algeria if not leaving the transit area. - Passengers transiting countries with risk of yellow fever transmission within 12 hours if not leaving the transit areas.
American Samoa	WHO recommendation For <u>medical</u> reasons: Vaccination is not recommended.	-	Country requirement at entry - None for yellow fever Other entry requirement of the country: - Vaccination against measles required. Proof of vaccination can be an official measles vaccination certificate, a completed immunization card issued at least 14 days before departure stating all details of the vaccine or history of measles disease, or a documented laboratory confirmation of immunity. - In addition, passengers arriving from Samoa or Tonga also require a proof of immunization form from the Ministry of Health of Samoa or Tonga. This does not apply to: - Passengers born before 1957. - Nationals of USA and residents of Samoa (American), unless their travel originates in Samoa or Tonga. - Holders of a certificate of contraindication on medical grounds.
Andorra	WHO recommendation Vaccination is not recommended.	-	Country requirement at entry None





HealthyTravel

WHAT IS NEW
in 2024
up to 1-2025?

ECTM
PUBLICATIONS

- Regular Updates
 - **every month** at countries pages: Country entries' requirement (yellow fever, polio, measles, other)
 - **Every three** months temporary WHO polio recommendations
- ECTM Publication in 2024 | 1- 2025

ECTM PUBLICATIONS

POLIO BOOSTER

BAG BULLETIN 20/2024: [LINK](#)

820/24TRANSMISSIBLE DISEASES

The Swiss vaccination schedule is published by the FOPH and EKIF. Vaccinations for travellers, and thus updates of the vaccination recommendations for booster vaccination against poliomyelitis for travellers, are issued by the Expert Committee for Travel Medicine (EKRМ, [Health Advice for Travellers \[www.healthytravel.ch\]](#)).

Updated recommendations for booster vaccination against poliomyelitis for travellers

Current as of November 2023

 HealthyTravel

Search country or keyword... 

Healthy TravellingCountriesNewsSpecial travelersHealth risksVaccinations

Ask a specialist

Important health risks



FactsheetFlyerInfosheetMAPBookmark

-Poliomyelitis☐

+Key aspects☐

+Poliomyelitis - Map for Health Professionals☐

+Poliomyelitis - Fact sheet☐

-Documents for health professionals☐

Please find below the documents for health professionals:

 [EKRМ_Polio_Booster_BAG_Bulletin_20-24_EN.pdf](#) ☐

 [EKRМ_SOP_Vaccination_EN_Polio.pdf](#) ☐

WHO country category	Country risk profile*	Recommendation for polio booster vaccination (= 1 dose of IPV) for travellers after completion of basic immunisation	
		Length of stay >4 weeks	Length of stay <4 weeks
1	Countries in which WPV1, cVDPV1 or cVDPV3 circulates	When leaving a category 1 country, persons must have received a booster vaccination against polio if the last vaccination was more than 12 months ago. [CAVE: Obligation to provide proof by documenting the vaccination in the international yellow vaccination card].	Booster vaccination for: ▪ immunocompetent travellers <65 years: every 20 years ▪ immunocompetent travellers ≥65 years: every 10 years ▪ Travellers with immunodeficiency[§] : every 10 years
2	Countries where cVDPV2 has been detected, with or without evidence of local transmission	When leaving a category 2 country, a booster vaccination against polio is strongly recommended if the last vaccination was more than 12 months ago	
3	▪ Countries in which WPV1 or cVDPV are no longer circulating but which are vulnerable to the re-emergence of WPV or cVDPV ▪ Travelling to all African countries south of the Sahara ▪ Travelling to countries classified by the <i>Global Polio Eradication Initiative</i> [12] or the Independent Monitoring Board [13] as being at risk of polio outbreaks ▪ Pilgrimages to Saudi Arabia (Hajj, Umrah)	Booster vaccination for: ▪ immunocompetent travellers <65 years: every 20 years ▪ immunocompetent travellers ≥65 years: every 10 years ▪ Travellers with immunodeficiency[§] : every 10 years	

* The global epidemiological situation regarding WPV and cVDPVs can change rapidly. Accordingly, the country lists for the WHO categories are updated four times a year. The latest information can be found on the website www.healthytravel.ch.

§ The presence of immunodeficiency is subject to individual assessment as part of the travel medical consultation.

ECTM PUBLICATIONS

DENGUE VACCINATION



swiss
medical
weekly

Review article: Medical guidelines | Published 19 September 2024 | doi:https://doi.org/10.57187/s.3858
Cite this as: Swiss Med Wkly. 2024;154:3858

Vaccination against dengue fever for travellers

Statement of the Swiss Expert Committee for Travel Medicine, an organ of the Swiss Society for Tropical and Travel Medicine, August 2024

Gilles Eperon^{ab}, Olivia Veit^{acd}, Pietro Antonini^e, Jan Fehr^f, Sabine Haller^g, Christoph Hatz^{cd}, Pierre Landry^h, Andreas Neumayr^{cdi}, Anita Niederer-Lohrer^j, Patricia Schlagenhauf^f, Serge de Vallière^k, Cornelia Staehelin^l, on behalf of the Swiss Expert Committee on Travel Medicine (ECTM)^m

HealthyTravel

Search country or keyword... 

Healthy Travelling Countries News Special travelers Health risks Vaccinations

Ask a specialist

Important health risks

Factsheet Flyer **Infosheet** MAP Bookmark

 Dengue 







 Key aspects briefly summarized 

 Dengue - Map 

 Dengue - Fact sheet 

 Documents for health professionals 

Please find below the documents for health professionals:

 [20240823_Qdenga_Vaccines_Checkliste.pdf](#) 

 [ECTM_Dengue_Vaccination_Statement_EN_Publication_Sept_2024.pdf](#) 

 [EKRM_SOP_Vaccination_EN_Dengue.pdf](#) 



ECTM recommendation (Qdenga®):

The Swiss Expert Committee for Travel Medicine (ECTM) assessed available data for the Qdenga® vaccine and issues the following recommendations:

1. Vaccination against dengue fever virus with Qdenga® in persons with no previous dengue fever infection is not recommended.
2. Vaccination with Qdenga® **can be recommended** for travellers aged 6 years and older **who have evidence of previous dengue infection**, defined as i) a laboratory confirmed dengue infection (PCR, antigen or seroconversion) or ii) a compatible history of dengue infection with a positive IgG serological test.
AND will be exposed in a region with significant dengue transmission.

Travel medicine advisors should provide clear communication in accessible language on the complexity and risk/benefit evaluation for the use of dengue vaccines in travellers.

ECTM PUBLICATIONS

MALARIA

Perspective

Methodology of the joint malaria prevention recommendations of Switzerland, Germany, Belgium and The Netherlands

Olivia Veit, MD^{1,2,3}, Ula Maniewski-Kelner, MD⁴, Camilla Rothe, MD⁵, Gilles Eperon, MD^{3,6}, Margarita Boering, MD⁷, Sami Alcedo, MD⁴, Gerhard Boecken, MD⁸, Michael Ramharter, MD^{9,10,11}, Noud Schel, MD¹², Patrick Soentjens, MD, PhD^{4,13}, Cornelia Staehelin¹⁴, Michele van Vugt, MD¹⁵, Thomas Weitzel¹⁶, Leo G. Visser, MD, PhD¹⁷, Patricia Schlagenhauf, PhD¹⁸, Christoph Hatz, MD^{1,2}, Andreas Neumayr, MD^{1,2,19} and for the malaria working groups (listed at the end)

 HealthyTravel

Search country or keyword... 

Healthy Travelling Countries News Special travelers Health risks Vaccinations

Ask a specialist

Important health risks

Factsheet Flyer **Infosheet** MAP Bookmark

 Malaria

 Documents for health professionals

Please find below the documents for health professionals:

 [ECRM_FLYER_PROFs_EN_Malaria_2024.pdf](#) ☐

  [2024_08_22_ECRM_Malaria_risk_areas_Country_List_Update2024.pdf](#) ☐

  [ECRM_FLYER_PROFs_EN_Malaria-medication-children.pdf](#) ☐

  [Methodology of the joint malaria prevention recommendations of Switzerland, Germany, Belgium and The Netherlands_final.pdf](#)

ECTM PUBLICATIONS

MALARIA



Journal of Travel Medicine, 2024, taee113
<https://doi.org/10.1093/jtm/taee113>
Perspective

Perspective

Streamlining malaria prevention recommendations for travellers: current and future approaches

Sarah L. McGuinness^{1,2,*}, [Olivia Veit](#), MD^{3,4,5,†},
Martin Angelin, MD PhD⁶, [Pietro Antonini](#), MD⁷, Gerhard Boecken, MD⁸,
Margarita Boering, MD⁹, Silja Bühler, MD¹⁰, Guido Calleri, MD¹¹,
[Gilles Éperon](#), MD^{5,12}, Gerard Flaherty, MD PhD¹³, Céline Gossner, DVM PhD¹⁴,
Helena H. Askling, MD PhD^{15,16}, Ville Holmberg, MD PhD¹⁷, [Esther Kuenzli](#), MD^{3,4},
Pierre Landry, MD¹⁸, Eva Lefevre, MD⁹, Michael Libman¹⁹, Nicky Longley,
MD^{20,21}, Ula Maniewski-Kelner, MD²², [Andreas Neumayr](#), MD^{3,4}, Christophe Rapp,
MD²³, Alison D. Ridpath, MD²⁴, Natalia Rodriguez-Valero²⁵,
Anja Rosdahl, MD PhD^{26,27}, Deike Rosenbusch, MD²⁸, Andrea Rossanese, MD²⁹,
Camilla Rothe, MD³⁰, [Patricia Schlagenhauf](#), PhD³¹, Patrick Soentjens, MD²²,
[Cornelia Staehelin](#), MD³², Jenny Visser, MD³³, Leo Visser, MD PhD^{9,34},
Angelika Wagner, MD³⁵, Allison Walker, PhD²⁴, Ursula Wiedermann, MD³⁵,
Agnieszka Wroczynska, MD PhD^{36,37} and [Christoph Hatz](#), MD^{3,4}

<https://doi.org/10.1093/jtm/taee113>



Journal of Travel Medicine, 2025, taee141
<https://doi.org/10.1093/jtm/taee141>
Original Article

Original Article

Travel to malaria-endemic areas: using digital geo-location to assess potential exposure risks and health behaviours

Andrea Farnham^{1,*}, [Christoph Hatz](#), MD^{1,2,3}, [Jan Fehr](#), MD¹,
Vasiliki Baroutsou, PhD¹, Milo A. Puhon, MD, PhD¹, [Olivia Veit](#), MD^{2,3,4,†} and
Silja Bühler, MD^{1,5,†}

<https://doi.org/10.1093/jtm/taee141>

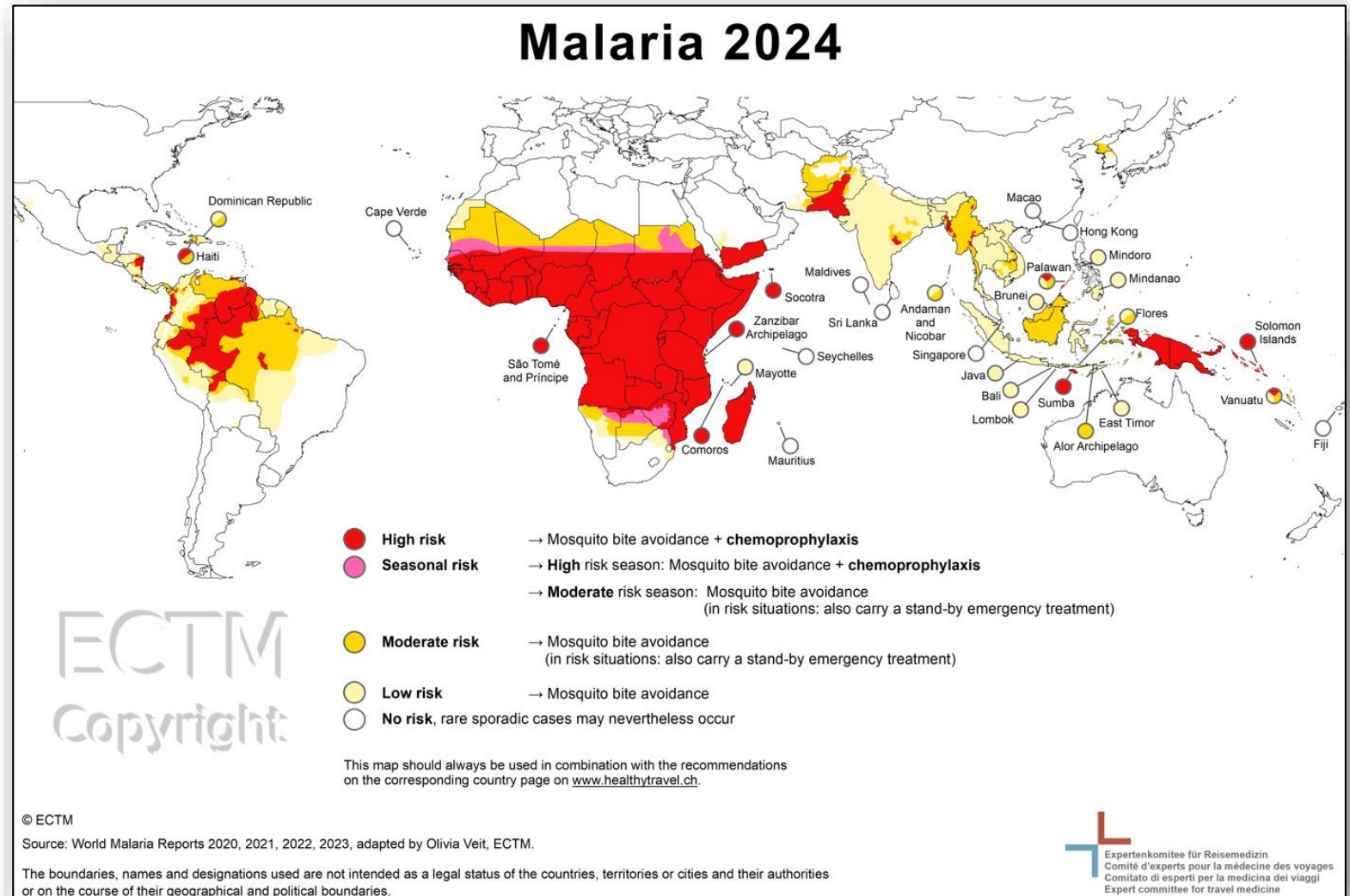


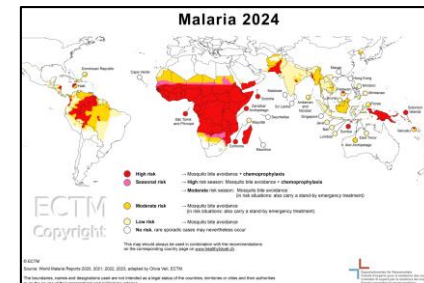
HealthyTravel

WHAT IS NEW in 2024 up to 1-2025?

- Regular Updates
 - **every month** at countries pages: Country entries' requirement (yellow fever, polio, measles, other)
 - **Every three** months temporary WHO polio recommendations
- Publication in 2024 | 1- 2025
- Malaria recommendations – update 2024

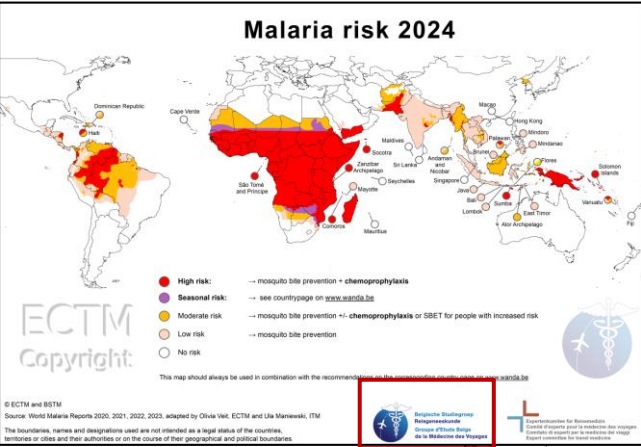
MALARIA UPDATE 2024



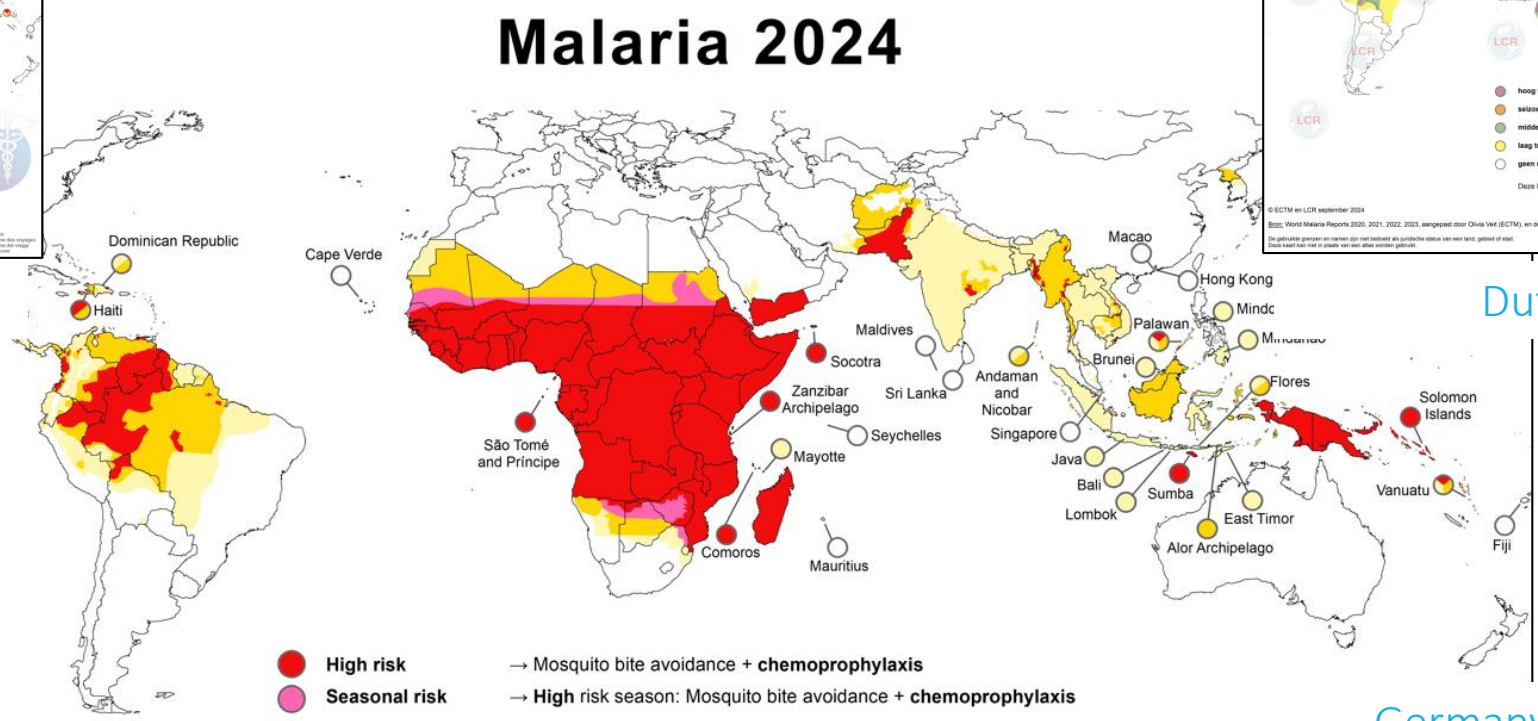
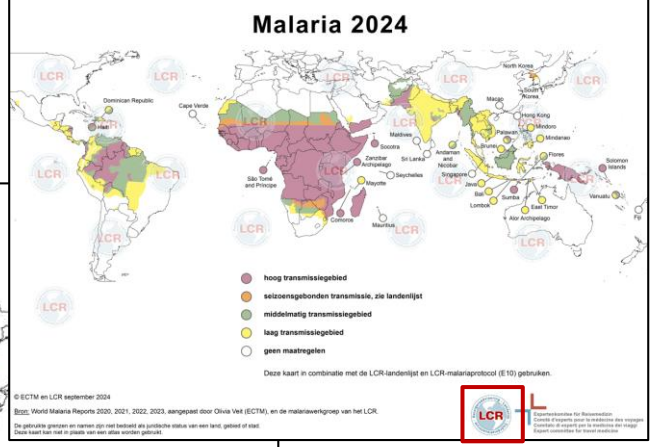


Malaria Methodology since 2023

Malaria risk	Autochthonous cases per 1000 inhabitants	Prevention strategy
High	AFI >10	Chemoprophylaxis
Moderate	AFI >1-10 or AVI >10	Mosquito bite prevention, + only for risk situations: carrying SBET
Low	AFI >0 and ≤1 or AVI >0 and ≤10	Mosquito bite prevention
None	0 autochthonous cases within the last 3 years	None



Harmonization of Malaria Prevention Recommendations in Switzerland, Germany, Belgium, the Netherlands, Austria

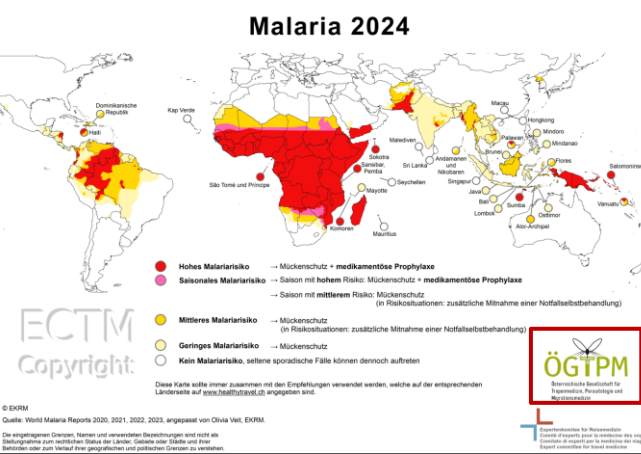


Belgium Study Group

Dutch - LCR

Austria - ÖGTPM

Germany – StAR | DTG



● **High risk** → Mosquito bite avoidance + **chemoprophylaxis**
 ● **Seasonal risk** → **High risk season:** Mosquito bite avoidance + **chemoprophylaxis**
 → **Moderate risk season:** Mosquito bite avoidance (in risk situations: also carry a stand-by emergency treatment)
 ● **Moderate risk** → Mosquito bite avoidance (in risk situations: also carry a stand-by emergency treatment)
 ● **Low risk** → Mosquito bite avoidance
 ○ **No risk, rare sporadic cases may nevertheless occur**

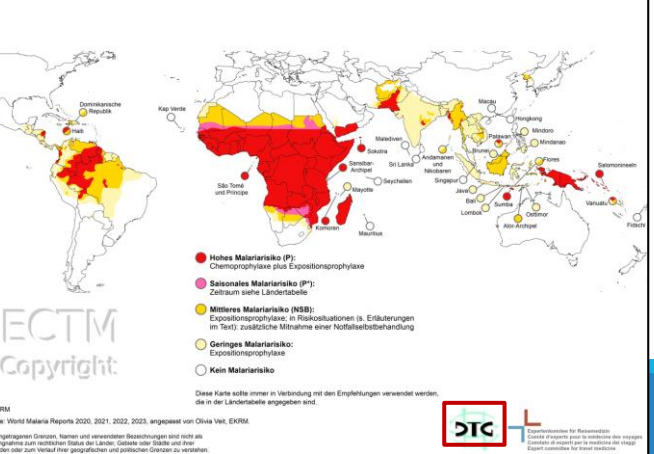
This map should always be used in combination with the recommendations on the corresponding country page on www.healthytravel.ch.

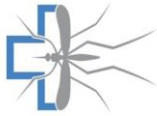
Swiss Expert Committee for Travel Medicine

reports 2020, 2021, 2022, 2023, adapted by Olivia Veit, ECTM.

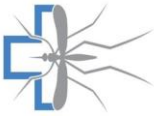
and designations used are not intended as a legal status of the countries, territories or cities and their authorities geographical and political boundaries.

OLIVIA VEIT, SWISS ECTM





Regional maps: see
www.healthytravel.ch PRO version



World Malaria Report - 2024

- In 2023, there were an estimated **263 million malaria cases** and **597,000 malaria deaths** worldwide
 - **94%** of global cases in the **WHO African Region**
- **Increase** by 11 million cases in 2023 compared to 2022 (and by 37 mio. compared to 2017)
 - **Ethiopia** (+4.5 million), **Madagascar** (+2.7 million), **Pakistan** (+1.6 million), **Nigeria** (+1.4 million) and the **Democratic Republic of the Congo** (+600 000).
- **Five countries** accounted for 50% of all cases worldwide:
 - **Nigeria** (26%), **DRC** (13%), **Uganda** (5%), **Ethiopia** (4%), **Mozambique** (4%)
- **Suriname** and **Bhutan**: 2 consecutive years with zero indigenous cases
- **Saudi Arabia, Timor Leste**: 3 consecutive years with zero indigenous cases



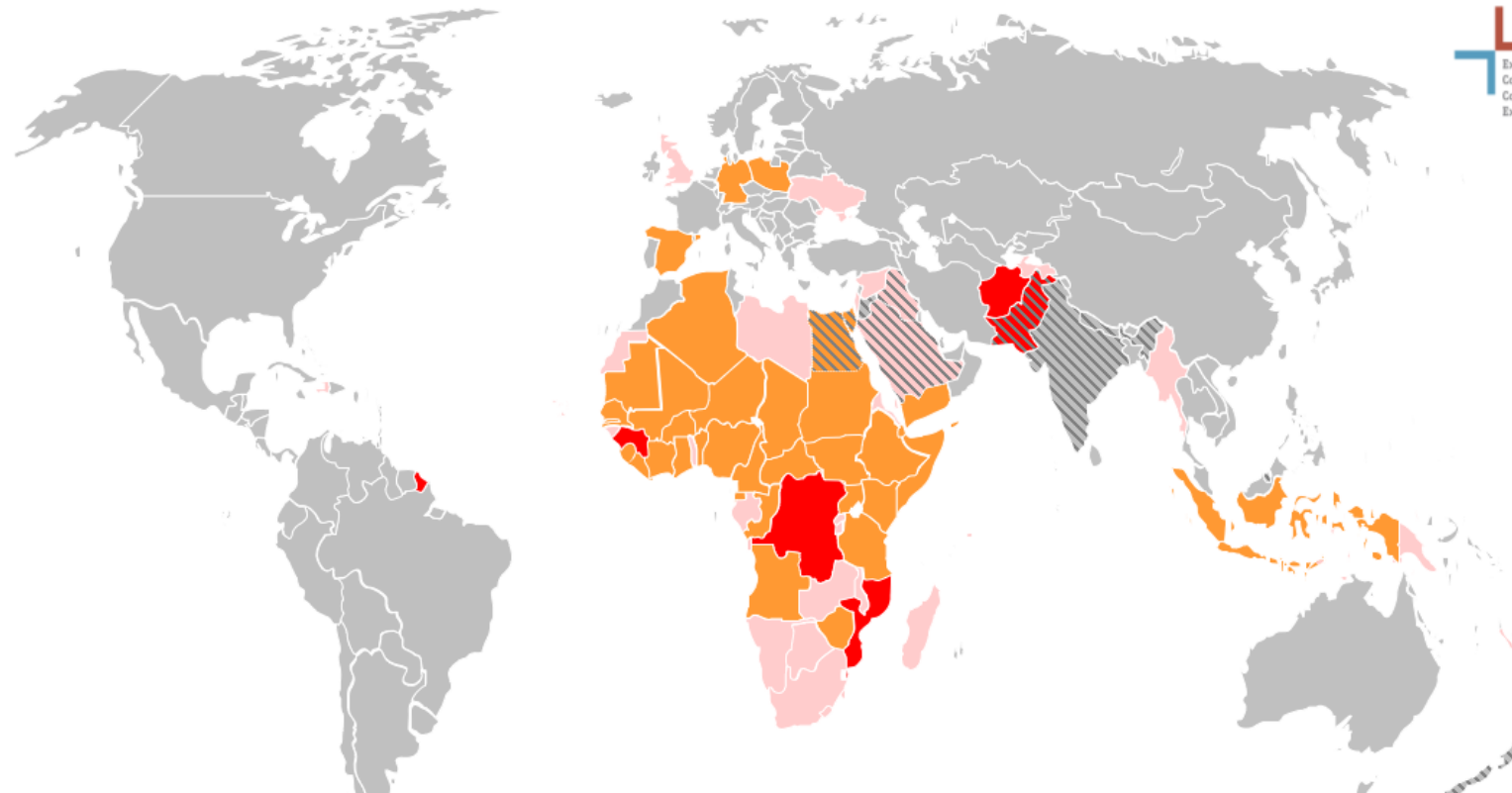
POLIO

Recommendation
updates every 3 months
at the country pages
www.healthytravel.ch



Poliomyelitis Vaccination – Recommendation of the Swiss ECTM as of December 2024


 Expertenkomitee für Reisemedizin
 Comité d'experts pour la médecine des voyageurs
 Comitato di esperti per la medicina di viaggio
 Expert committee for travel medicine



Germany, Finland, Poland, Spain, UK:

Detection of cVDPV2 in waste water - strains are genetically related to each other.

Initial analysis conducted at CDC identified all European cVDPV2 strains as genetically linked to cVDPV2 emergence NIE-ZAS-1, first detected in June 2020 in Zamfara, Nigeria, and actively circulating in various African countries in recent years.

Cat.	Country risk profile	Recommendation for polio booster vaccination (= 1 dose of IPV) for travellers after completion of basic immunisation	
		Length of stay ≥ 4 weeks	Length of stay < 4 weeks
1	States infected with WPV1, cVDPV1, cVDPV3, with potential risk of international spread	According to IHR*: it should be ensured that - when leaving a category 1 country-, persons have received a booster vaccination against polio if the last vaccination was more than 12 months.	Booster vaccination for: - immunocompetent travellers <65 years: every 20 years - immunocompetent travellers ≥65 years: every 10 years - Travellers with immunodeficiency: every 10 years
2	States infected with cVDPV2, with or without evidence of local transmission Countries not visible but also included: Palestinian territory	According to IHR*: when leaving a category 2 country, a booster vaccination against polio is recommended if the last vaccination was more than 12 months ago	
3	States no longer infected by WPV1 or cVDPV but which remain vulnerable to re-infection by WPV or cVDPV (according to WHO) OR that are classified as vulnerable to polio outbreaks by the Independent Monitoring Board and the Global Polio Eradication Initiative , and ECTM. Countries not visible but also included: Cape Verde, Comoros, Haiti, Kiribati, São Tomé and Príncipe, Seychelles, Timor Leste, Vanuatu. For Saudi Arabia: only recommended for pilgrims.	Booster vaccination for: - immunocompetent travellers <65 years: every 20 years - immunocompetent travellers ≥65 years: every 10 years - Travellers with immunodeficiency^a: every 10 years	
	Countries not infected with WPV or cVDPV	No booster needed	
	Countries with entry requirements for polio	See country page on www.healthytravel.ch	

© ECTM

Map created by Olivia V
ECTM, December 2024

Sources: WHO
Polioeradication, Independent
Monitoring Board 2019

*According to [WHO IHR temporary polio vaccination recommendation as of 3 December 2024](#)



HealthyTravel

WHAT IS NEW in 2024 up to 1-2025?

Other content update

Updates of recommendations

Find out about the latest content updates on the website

Entry requirements for yellow fever – update

The entry requirements for yellow fever have been updated for Bolivia, Costa Rica, Egypt, Malaysia, Paraguay, Sao Tomé and Príncipe.

📅 09 January 2025

Mpox – updated informationen and recommendations

Mpox recommendation have been updated by the Swiss Expert Committee for Travel Medicine on 5 January 2025.

📅 15 January 2025

Polio – updated WHO temporary recommendations

The country pages have been updated to reflect the updated WHO temporary polio recommendations.

📅 09 January 2025

- Regular Updates
- Publication in 2024 | 1- 2025
- Malaria recommendations
- Other content update in 2024 | 1-2025:
 - **FLYERS**
 - Malaria
 - Rabies
 - Japanese Encephalitis (new)
 - **Factsheets for Layperson**
 - Marburg Virus (new)
 - Mpox (new)
 - **Infosheets for health professionals**
 - Japanese encephalitis
 - Marburg Virus (new)
 - Mpox (new)
 - Checklist for travellers with diabetes Typ 1
 - Country list – malaria
 - **SOPs vaccination**
 - Dengue (new), hepatitis A, hepatitis B, JE, meningococcal meningitis, polio, rabies pre/ post / intradermal, typhoid fever

HealthyTravel PRO clients
are informed on all
updates

Thailand: Zika cases in 2024 - update

07.11.2024



As of 1 November 2024, a total of 347 Zika virus cases, with no deaths have been reported across 42 provinces so far in 2024. Most cases have been in Central Region (106 cases). More than 750 Zika cases were reported in the whole of 2023.

Consequences for travellers



Zika is endemic in Thailand. CDC does not classify Thailand as an area with a current outbreak (see [CDC map](#)).

Optimal mosquito bite protection 24/7, also in cities (during the day against [dengue](#), [chikungunya](#), [Zika](#) and other viruses, at dusk and at night against [malaria](#)).

For detailed ECTM recommendations on Zika, see link. In case of fever, [malaria](#) should always be ruled out by blood test.

References



[NaTHNaC, 1.11.2024](#)

2023 is noticeably high, even with the data being largely incomplete, compared to

EMERGING INFECTIOUS DISEASES®

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Research Letter

Zika Virus Infection in Pregnant Traveler Returning to Denmark from Phuket, Thailand, 2024

ZIKA –

OUTBREAK INDIA



Prevention: Optimal mosquito protection 24/7: during the day against [Zika](#), [dengue](#) and other arboviruses, at dusk and at night against [malaria](#).

When travelling to areas with a Zika outbreak, as is now the case in the state of Maharashtra, India, the Swiss Expert Committee for Travel Medicine recommends using a condom/femidom during the trip and for at least 2 months after returning home to prevent possible sexual transmission of the virus.

Due to the risk of malformations in the unborn child, **pregnant women are currently advised not to travel to the state of Maharashtra in India**. If travelling is absolutely necessary, it is recommended that you speak to a specialist in travel medicine before departure.

Women planning to become pregnant should wait at least 2 months after their return (or that of their partner) from India before starting family planning. In the case of medically assisted reproduction, this period should be extended to at least 3 months. Please also read the [Zika information sheet](#), especially if you are pregnant or if you or your partner are planning a pregnancy.



Swiss Expert Committee for Travel Medicine (ECTM)

ECTM core group - for strategic issues



Jan Fehr
TC Zürich



Filali
sanne



Olivia Veit
Secretary general

MANY THANKS

ECTM recommendation group - extended group for the development and content of recommendations



Same as core group
Second representative of the 5 travel clinics at the University Hospitals or Universities in Switzerland

Bern: **Anna Eichenberger**
Basel: **Andreas Neumayr / Esther Künzli**
Genève: **Gilles Eperon**
Lausanne: **Pablo Valladares**
Zürich: **Patricia Schlagenhauf**



one representative Italian speaking Switzerland (Ticino): **Pietro Antonini**
one representative Eastern Switzerland (St.Gallen): **Sabine Haller**
one representative Swiss Society Tropical and Travel Medicine (SSTTM): **Pierre Landry**
one representative Society of General Internal Medicine: **Pierre Landry**
One representative of the Swiss Society of Pediatrics (SSP): **Anita Niederer-Loher***
Consultant: **Christoph Hatz**



In addition:

- *One of the members should be member of Eidgenössische Kommission für Impffragen (EKIF):
- since 2024: **Anita Niederer – Lohrer** and **Jan Fehr**
- Invited permanent guest: Caroline Takeuchi, FOPH, Bern, Switzerland (no voting rights)



Collaborators for HealthyTravel content (examples)

